



INTEGRITY

HOUSE 2023 ANNUAL REPORT

**Caring for Our Community:
55 Years of Service and the Path Forward**

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MISSION

Integrity House's mission is to help individuals and families through an effective and measurable system of comprehensive Therapeutic Community addictions treatment, mental health treatment, and recovery support in a way that brings about positive, long-term lifestyle change.

VISION

Integrity House seeks to rebuild and transform lives, families, and communities as the leading provider of integrated mental health, physical health, and addiction services.

VALUES

Integrity House has always maintained that **long-term recovery from substance use disorder is possible** with a loving and supportive environment, compassionate treatment, and education and employment services. By staying true to our values and core belief that individuals with addiction can and do recover, Integrity House has helped people achieve recovery and lead happy, healthy, and rewarding lives.



INTEGRITY

We believe in transparency, fairness, and ethical practices, which have resulted in strong partnerships with federal, state, and local government referral sources for more than 55 years.

COMMITMENT

We strive to be a good neighbor, and the devotion to our community is embedded in our foundation, the therapeutic community.

COMPASSION

We never turn an individual away from treatment because of their inability to pay for our services.

EXCELLENCE

We deliver evidence-based treatment in licensed programs and have maintained CARF accreditation at the highest level since 1997.

TEAMWORK

Our diverse staff and board work collaboratively to offer high-quality services to all.

2023 marked a pivotal year for Integrity House. Not only did we celebrate 55 years of providing compassionate addiction treatment and mental health services for thousands of individuals across New Jersey, but we also found new opportunities to amplify our mission.

With the deadly synthetic opioid fentanyl ever present, the emergence of substances like xylazine, and the growing demand for mental health care, we launched new initiatives to support our community's most vulnerable residents. In the coming pages, you'll learn about our efforts to help historically marginalized and underserved populations – including individuals experiencing homelessness, pregnant and postpartum women, and members of the LGBTQIA+ community – recover and improve their health overall.

These programs are all connected by our efforts to break down barriers to service access, advocate for individuals and families, and employ proven and innovative strategies to help more individuals and families impacted by addiction and mental illness lead healthy, connected, and fulfilling lives.

We remain grateful for the opportunity to lead this organization, thankful to our Board of Trustees for their commitment and governance, and to our partners and stakeholders for their continuous collaboration and support. We look forward to sharing the impact of our new programs in the years ahead and continuing to evolve to meet the needs of the communities we serve.

Sincerely,



Robert J. Budsock, MS, LCADC
President and Chief Executive Officer



Christine Baker, Ph.D.
Chairperson, Board of Trustees

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Jennifer Velez

“I felt helpless and hopeless before coming to Integrity because my addiction had spiraled out of control. I woke up one day in the Hudson County Correctional and Rehabilitation Center, realizing I was at zero emotionally, spiritually, and physically. My kids, family, and friends were all not talking to me. I was homeless! I had run through everything I had!!!

I needed help, so I signed up for Integrity’s residential program in HCCRC in 2018. One day, Georges [an Integrity Senior Director] hosted a workshop on legacy, and it hit me hard. My legacy at the time was that I was a drug addict who didn’t care about anything or anyone. After that workshop, I was compelled to change. I began to believe that my cup wasn’t half empty; it was half full!

I graduated from the program and was approved for Recovery Court. I was released into Integrity’s halfway house program. I soon completed Integrity’s intensive outpatient program too.

My life began to change. Work was hard to obtain, but soon that came through. I became a foreman on some major sites, including the tallest building in NJ. It was hard to get an apartment, but one day that came through too. It took a few years, but now I have an amazing relationship with my sons and the rest of my family. I became president of the Alumni Recovery Court program, and I got a Peer Recovery Specialist job with RWJBarnabas. Then I was invited to speak regularly at the same jail I came out of....”

“I came to Integrity hopeless. I now share hope with others. I am so grateful to Integrity. It’s where my journey to recovery began.”



*Edited for clarity.

CELEBRATING 55 YEARS OF INTEGRITY

In 2023, Integrity House celebrated 55 years of providing comprehensive and high-quality addiction treatment and mental health services. Founders David Kerr and Richard Grossklaus established Integrity House as a resource for people who were involved with the justice system and struggled with addiction. From its incorporation as a single program at 45 Lincoln Park in Newark, serving four (4) individuals, Integrity House now operates 16 licensed inpatient, residential, and outpatient treatment programs across the state that serve thousands of individuals representing a broad spectrum of backgrounds.



In celebration of over five decades of quality services and movement-building in support of individuals and families across New Jersey, Integrity House hosted a series of events, including:

An Alumni Celebration

In June, alumni and their families came together on Integrity House's Newark campus to connect and celebrate recovery. Co-founder David Kerr attended, expressing his gratitude for the individuals who have come through our programs and praise for the staff who bring our mission to life.

Partners of the Park

Integrity House gathered several partner organizations - the Newark School of the Arts, CURA, Link Educational Partners, the Lincoln Park Coast Cultural District, and the Newark City Parks Foundation - to celebrate the Lincoln Park community and a collective and longstanding commitment to its residents. A commemoration of Integrity House's founding, the event was also a celebration of our partners' many years of service, many of them anchor institutions for Lincoln Park and the surrounding area for over 50 years.

An Alumni Celebration



Partners of the Park



INTEGRITY HOUSE'S NEWEST TREATMENT PROGRAMS FOR SPECIALIZED POPULATIONS

In 2023, Integrity House reinforced its dedication to serving historically marginalized and underserved populations using innovative treatment approaches.



Mobile Community Care

Integrity House launched Newark's first mobile substance use treatment program with funding from the New Jersey Division of Mental Health and Addiction Services (DMHAS). With a focus on serving individuals who may encounter challenges accessing traditional substance use treatment, particularly those who are experiencing homelessness, the Mobile Community Care (MCC) program travels to targeted areas in Newark to facilitate low-barrier access to buprenorphine, an FDA-approved medication for opioid use disorder. The MCC team also provides medical services like vital sign checks and wound care, harm reduction services, and care coordination, including linkage to detox and primary care.

The program was launched in May, and by the end of the year, MCC had served almost 500 individuals.

Residential Treatment for Pregnant and Postpartum Women

In February, Integrity House opened a Residential Treatment Program for Pregnant and Postpartum Women on its Newark campus. In this program, women experiencing substance use disorder and co-occurring mental illness have the opportunity to remain with their non-adult children while accessing Integrity's full continuum of treatment and recovery services, including mental health services, medication-assisted treatment, and parenting support.

"There are few trusted resources for those who are pregnant and coping with addiction. We value our relationship with Integrity House. We share the same goal of treating those coping with perinatal addictions with sensitivity, respect, and the urgency needed to best support both mother and baby."

—**Mariekarl Vilceus-Talty, MA, BSN**
President & CEO
Partnership for Maternal and Child Health
of Northern New Jersey

Enhanced Services for the LGBTQIA+ Community

Integrity's Newark-based Certified Community Behavioral Health Clinic (CCHBC) now provides tailored services for LGBTQIA+ individuals. Integrity fosters a safe, identity-affirming space for LGBTQIA+ members to help them achieve recovery and improved quality of life. Services include specialized mental health care, primary/preventative health screenings, sexual health education, HIV testing/referrals, care management, and more.

Contingency Management

Stimulant use disorder (StUD), which involves the use of cocaine, crack, methamphetamines, and prescription stimulants, has surged in New Jersey. Integrity House launched a pilot Contingency Management program in its Newark outpatient treatment facilities that blends evidence-based therapy practices with non-monetary motivational incentives. Aimed at enhancing treatment retention and recovery outcomes for StUD patients, the program surpassed its first-year enrollment target of 100 participants.

Creative Arts Initiative

Integrity House launched the Creative Arts Initiative in its Newark and Secaucus residential treatment programs in July. Designed to complement clinical services, the program combines bibliotherapy sessions, creative arts workshops, and community art projects, and builds on years of research that demonstrate the restorative power of the creative arts.

Clients read and discuss literary works while working on other creative projects, including poetry, photography, illustration, painting, and more.



Integrity House's reach extends beyond our facilities. In 2023, our community outreach programs:



Performed prevention and outreach services to **2,490** individuals in Essex County. The majority of these interactions led to referrals to detox, residential, and outpatient treatment; primary care services; COVID-19 vaccinations, and more.



Connected **2,176** community members to basic care items and community resources through the Reach for Recovery program, established in 2020 and operated in partnership with the Essex County Division of Community Health Services.



Distributed **491** life-saving Narcan kits (designed to reverse an opioid overdose) to individuals across our Reach for Recovery, Ocean County STAR (Support Team for Addiction Recovery), and Mobile Community Care programs.



Connected **583** individuals to HIV education, testing, prevention services, and counseling through our SAMHSA Substance Abuse and HIV Prevention Navigator Program, the Newark Department of Health and Community Wellness, the Rutgers Division of Adolescent and Young Adult Medicine (DAYAM), Hyacinth Foundation, and Iris House.



Our Certified Community Behavioral Health Clinic (CCBHC) is designed to make addiction treatment, mental health, and primary care services more accessible to community members through walk-in hours and 24/7 in-person and telephonic crisis stabilization services. It served **980** individuals, which represents a **25% increase** in enrollment since the clinic opened in 2020.



"Integrity has always been a very important partner here at Better Life Newark. I can send someone right away to the Academy at 1091 Broad Street for intake, and I know that they'll receive loving care from staff that will make them feel comfortable. The best thing is that Integrity makes sure that no one is ever turned away. They always make sure there's room for someone in the program, whether they have insurance or not. I've seen people get medically-assisted treatment right away through the Mobile Community Care program. It's great that people don't have to wait for life saving treatment and can get medications filled and picked up on the same day."

—Sidney Walters
Director
Better Life Newark



"The Crisis Unit of the Emergency Department at University Hospital partners with Integrity House's Certified Community Behavioral Health Clinic (CCBHC) to offer practical community support and clinical help to our patients following discharge. Those who need outpatient mental health care and agree to follow up with Integrity House are picked up from the Emergency Department by their staff. Integrity House also assists patients in need of shelter to secure beds in appropriate facilities. Our shared goal in this patient-centered process is to ensure that the mental health needs of our community are addressed and that their personal needs are met."

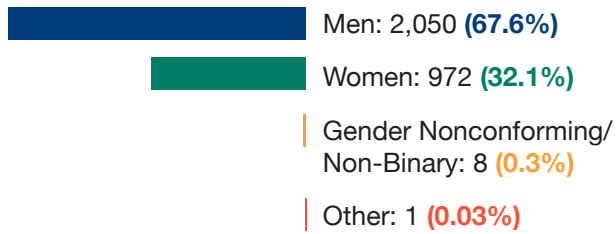
—Dr. Najeeb Hussain
Medical Director,
Inpatient Psychiatric Unit and Crisis Emergency Department
University Hospital



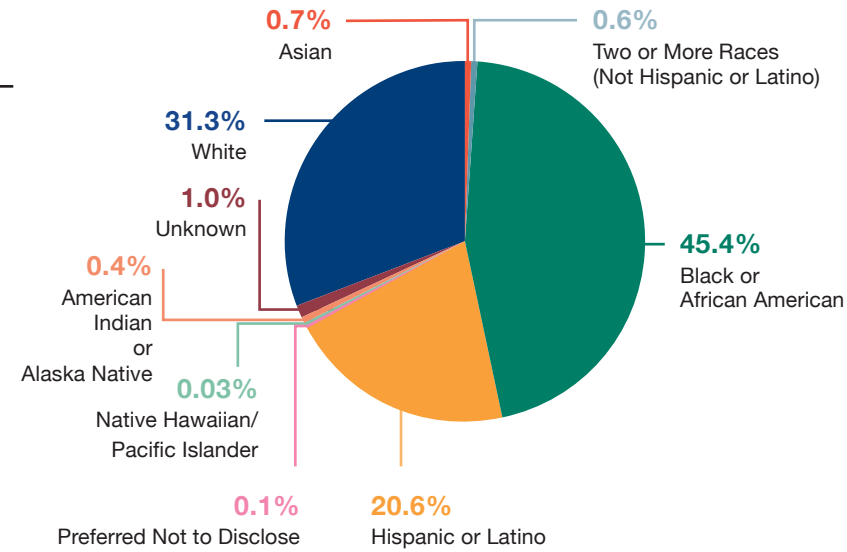
TOTAL TREATMENT ADMISSIONS

3,031

GENDER



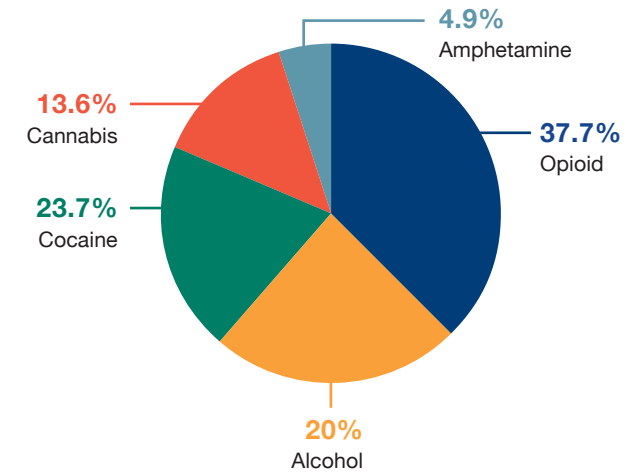
RACE/ETHNICITY



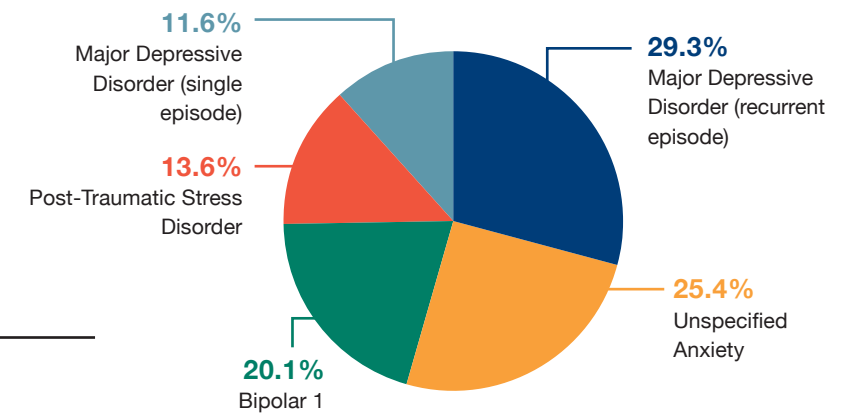
COUNTY OF RESIDENCE

Atlantic: 87 (2.9%)	Middlesex: 77 (2.5%)
Bergen: 111 (3.7%)	Monmouth: 63 (2.1%)
Burlington: 26 (0.9%)	Morris: 128 (4.2%)
Camden: 74 (2.4%)	Ocean: 154 (5.1%)
Cape May: 40 (1.3%)	Passaic: 204 (6.7%)
Cumberland: 136 (4.5%)	Salem: 14 (0.5%)
Essex: 967 (31.9%)	Somerset: 25 (0.8%)
Gloucester: 24 (0.8%)	Sussex: 31 (1.0%)
Hudson: 564 (18.6%)	Union: 149 (4.9%)
Hunterdon: 17 (0.6%)	Warren: 22 (0.7%)
Mercer: 39 (1.3%)	Other: 79 (2.6%)

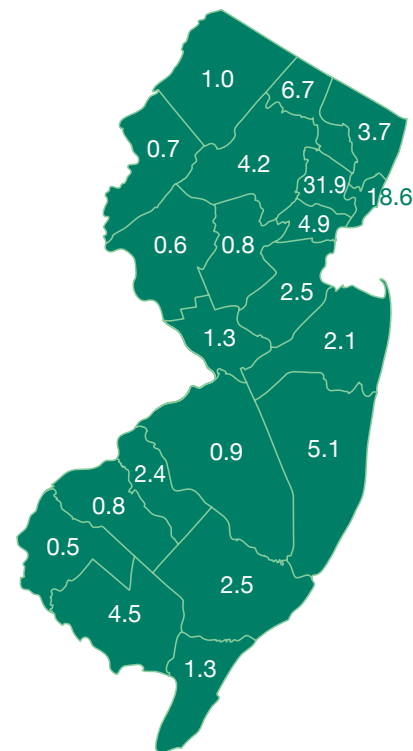
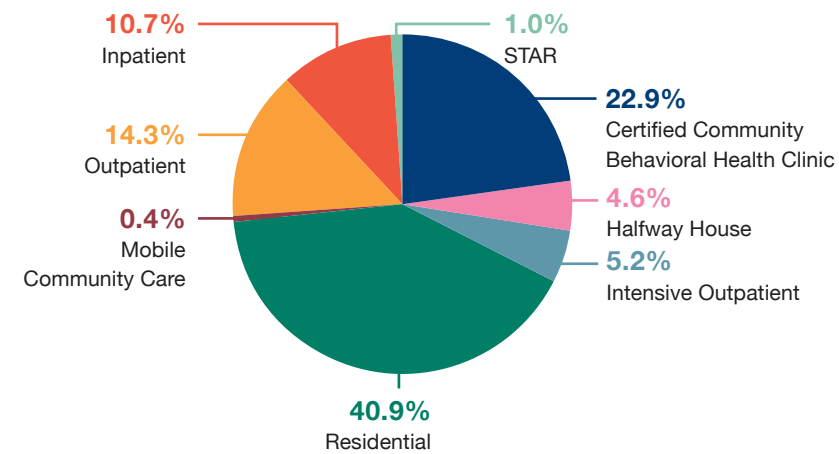
MOST COMMON SUBSTANCE USE DISORDERS



MOST COMMON MENTAL ILLNESSES



LEVEL OF CARE/PROGRAMS



KEY FINANCIAL HIGHLIGHTS

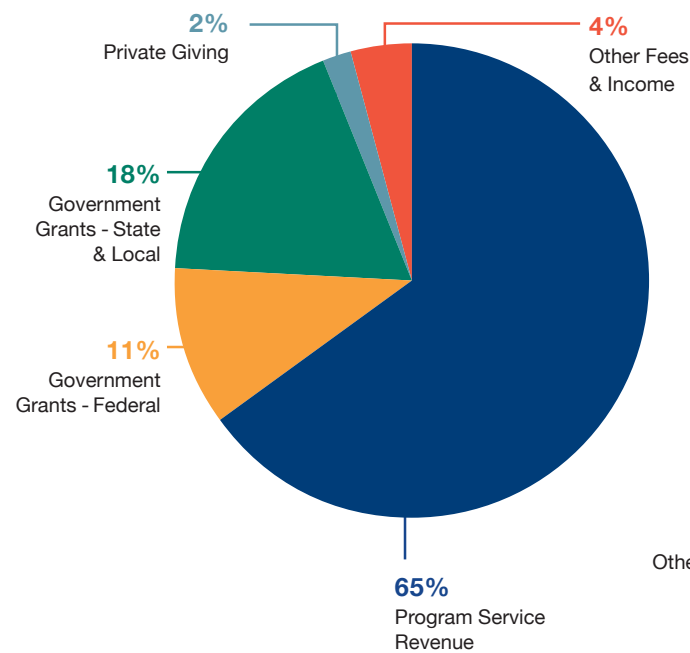
In 2022-23, about 94% of Integrity’s total revenue was derived from program service revenue and government grants which combined showed an increase of \$1,042,193.

New funding was secured for the Mobile Community Care program, the Residential Treatment for Pregnant and Postpartum Women’s program, and an expansion of Integrity’s outpatient programs, including added services for the LGBTQIA+ population.

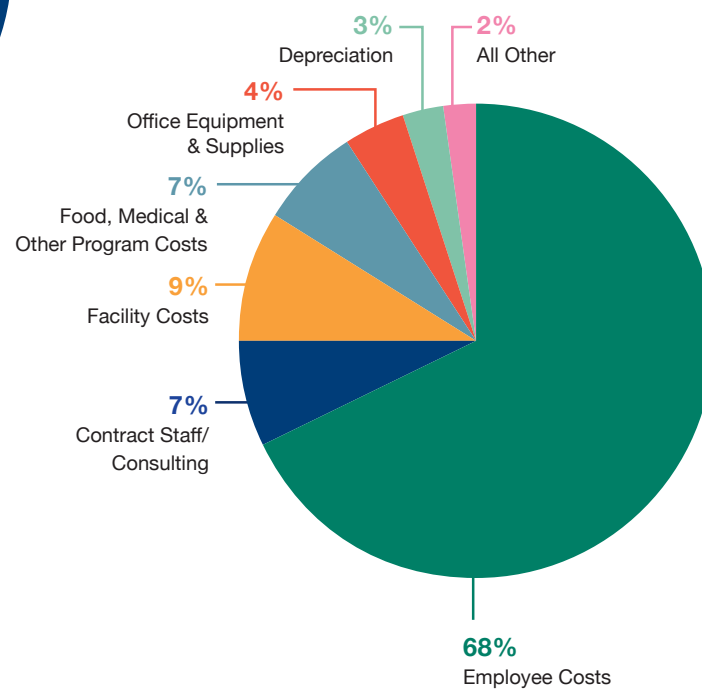
Employee costs increased by \$987,024 primarily to maintain compensation with market standards and to fill roles for service expansion funded by government grants.

Operating margins generated an increase in net assets of \$1,720,197.

PUBLIC SUPPORT & REVENUE



EXPENSES



We are grateful to our government partners whose support allows us to continue providing essential behavioral health treatment and other services across our inpatient, residential, outpatient, supportive housing, and specialty programs.

- City of Newark
- County of Essex
- County of Hudson
- County of Morris
- County of Ocean
- New Jersey Family Care (Medicaid)
- New Jersey Judiciary Administrative Office of the Courts
- State of New Jersey Department of Children and Families, Division of Child Protection and Permanency
- State of New Jersey Department of Human Services, Division of Mental Health and Addiction Services
- State of New Jersey Juvenile Justice Commission
- United States Department of Health and Human Services, Substance Use and Mental Health Services Administration
- United States Probation Office/Pretrial Services Agency - District of New Jersey
- WorkFirst New Jersey, Substance Abuse Initiative/Behavioral Health Initiative



Our foundation, community, and corporate partners provided critical support to our clients amid the ever-growing need to address substance use disorders and mental illness. Here are the foundations and organizations that supported Integrity House this past year:

AKG Creative	Glen Ridge Congregational Church	North Jersey Community Research Initiative
Alumni Healthcare Staffing	Glick and Kirschner Family Fund	Odyssey House
AppDynamics	The Healthcare Foundation of New Jersey	Partnership for Maternal and Child Health of Northern NJ
Arthur J. Gallagher & Co.	Hillmann Consulting, LLC	Pashman Stein
Atlantic Federal Credit Union	Horizon Blue Cross Blue Shield of New Jersey	Peapack-Gladstone Bank
Bayview Fund	The Horizon Foundation for New Jersey	Perselay Associates, Inc.
Bridgeway Rehabilitation Services	JM Serr Management Corp	Princeton Hosted Solutions
Broadway House For Continuing Care	Kula For Karma	Prudential Financial
CarePlus Foundation	Leverage Companies	PSE&G
CarePlus Bergen	Maximum Quality Foods, Inc.	R&J Strategic Communications
C-Line Community Outreach	McCarter & English, LLP	RTE Enterprises
Conner Strong & Buckelew	Robert and Corinne McGovern Fund	Sandy Hill Foundation
Core Solutions	McManimon, Scotland & Baumann	Senator Joseph Cryan
Corporate Synergies	Newark Beth Israel Medical Center	Sommer Consulting
Costco Wholesale Corporation	Newark Community Health Center Inc.	Sumas Family Foundation
Cura, Inc.	Newark Downtown District	Torcon, Inc.
Denise and Dennis Bone Fund	Newark School of the Arts	Traphagen Investment Advisors
Digital Insurance	Nielsen Financial Group, LLC	Trimboli & Prusinowski, LLC
Futures Action Network Employee Gifting Benefits Program	NJM Insurance Group	Village Supermarket
Gail P. Stone Events, Inc.		Visiting Angels
		Wells Fargo Bank, N.A.
		WithumSmith+Brown

Thank you to all of the individuals who contributed in support of the individuals we serve.

Susan Aicher	Devonne De Nose	Katherine and Joseph Hayden, Esq.
Janine Akey	Kathleen Dedrick	Maryann Hibberd
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	Carol Ann Harrison	

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| Jean Mombrun | Steve Schwartz | |
| Antoinette Frances Montague | Cassandra Scott-Love | |
| Mary Jo and Thomas Moran | Lois and David Sherwin | |

Every year, Integrity House helps thousands of New Jerseyans overcome substance use disorder, address mental illness, and meaningfully improve the quality of their lives. Contact our Admissions Department to learn more about individualized treatment in our residential and outpatient programs.

Residential Treatment Centers

- Newark**
Men's Residential
 49 Lincoln Park
 Newark, NJ 07102
- Men's Residential**
 97 Lincoln Park
 Newark, NJ 07102
- Men's Residential**
 99 Lincoln Park
 Newark, NJ 07102
- Women's Residential**
 37 Lincoln Park
 Newark, NJ 07102
- Women's Residential**
 43 Lincoln Park
 Newark, NJ 07102
- Secaucus**
Inpatient Residential
 595 County Avenue, Building 7
 Secaucus, NJ 07094
- Men's and Women's Residential**
 595 County Avenue, Building 6
 Secaucus, NJ 07094
- Men's Residential**
 595 County Avenue, Building 6
 Secaucus, NJ 07094

Outpatient Treatment Centers

- Morris Plains**
The Willow Tree Center at Integrity House
 415 Speedwell Avenue
 Morris Plains, NJ 07950
- Newark**
The Academy
 Outpatient & Intensive
 Outpatient Services
 1091-1093 Broad Street
 Newark, NJ 07102
- Certified Community Behavioral Health Clinic**
 Outpatient Mental Health Services
 1091-1093 Broad Street
 Newark, NJ 07102
- Men's Outpatient & Intensive Outpatient Services**
 26-28 Longworth Street
 Newark, NJ 07102
- WISE (Women In Strength Empowered) Program**
 Outpatient Services
 659 Dr. Martin Luther King Jr. Blvd
 Newark, NJ 07102
- Secaucus**
Hudson County Outpatient Services
 595 County Avenue, Building 6
 Secaucus, NJ 07094
- Toms River**
Toms River Outpatient Services
 310 Main Street, Suite #6
 Toms River, NJ 08753

Recovery and Prevention Programs

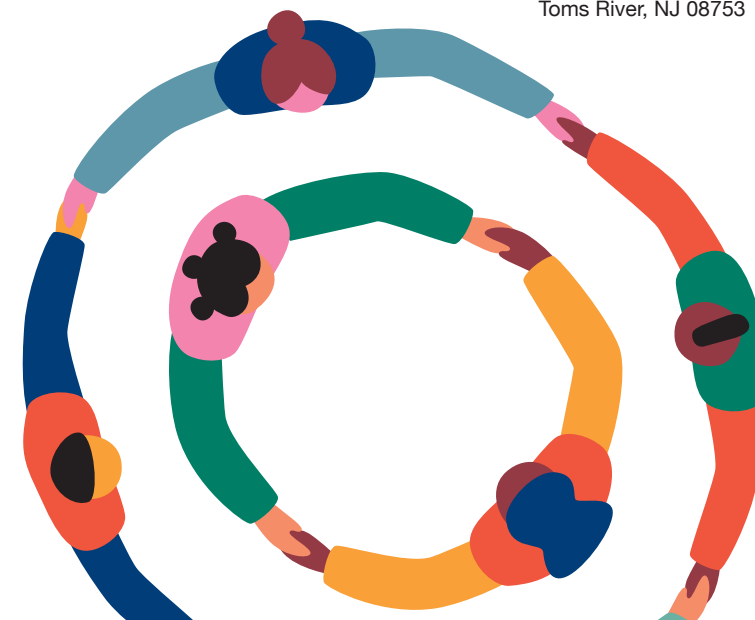
- Morris Plains**
Morris Plains Support Team for Addiction Recovery (STAR)
 415 Speedwell Avenue
 Morris Plains, NJ 07950
- Newark**
Mobile Community Care
 Serving Newark, NJ
- Reach for Recovery**
 Serving Essex County, NJ
- Women's Wellness Center**
 667 Dr. Martin Luther King Jr. Blvd
 Newark, NJ 07102
- Toms River**
Toms River Support Team for Addiction Recovery (STAR)
 310 Main Street, Suite #6
 Toms River, NJ 08753

Housing Programs

- Newark**
Men's Supportive Housing
 5-7 Lincoln Park
 Newark, NJ 07102
- Women's Supportive Housing**
 667 Dr. Martin Luther King Jr. Blvd
 Newark, NJ 07102

Third Party Provider of Addiction Services

- Paramus**
Bergen New Bridge Medical Center
 230 East Ridgewood Avenue
 Paramus, NJ 07652



ADMISSIONS
1091 Broad Street
Newark, NJ 07102
973-623-0600



**INTEGRITY HOUSE
HEADQUARTERS**

103 LINCOLN PARK
NEWARK, NJ 07102

KEARNY

MORRIS PLAINS

NEWARK

PARAMUS

SECAUCUS

TOMS RIVER

(973) 623-0600

integrityhouse.org