

## **Moving Forward**





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## Mission, Vision, and Values

### Mission

Integrity House's mission is to help individuals and families through an effective and measurable system of comprehensive Therapeutic Community addictions treatment, mental health treatment, and recovery support in a way that brings about positive, long-term lifestyle change.

### Vision

Integrity House seeks to rebuild and transform lives, families, and communities as the leading provider of integrated mental health, physical health, and addiction services.

### Values

Integrity House has always maintained that long-term recovery from substance use is possible with a loving and supportive environment, compassionate treatment, and education and employment services. By staying true to our values and core belief that individuals with addiction can and do recover, Integrity House has helped people achieve recovery and lead happy, healthy, and rewarding lives.

### INTEGRITY

We believe in transparency, fairness, and ethical practices, which have resulted in strong partnerships with federal, state, and local government referral sources for more than 54 years.



### COMPASSION

We never turn away an individual from treatment because of their inability to pay for our service because all are worthy of recovery.

### COMMITMENT

We strive to be a good neighbor, and the devotion to our community is embedded in our foundation, the therapeutic community.



### **EXCELLENCE**

We deliver evidence-based treatment in licensed programs and have maintained CARF accreditation at the highest level since 1997.



### **TEAMWORK**

Our diverse staff and board work collaboratively to offer high-quality services to all.



## Executive Message

In 2022, reported overdose deaths declined nationwide from the year prior but remained much higher than pre-2020 levels. New Jersey continues to have one of the highest rates of preventable drug-related deaths in the country, a result of the increasing presence of fentanyl. These facts signal the need to remain focused and forward thinking in addressing what is inarguably a crisis. The theme of this year's report, *Moving Forward*, references Integrity House's commitment to maintaining momentum in service of greater public health.

Last year, Integrity House secured resources to launch and sustain programs that increase access to treatment and recovery services for New Jersey residents who are often overlooked, such as individuals without homes. This includes our Certified Community Behavioral Health Clinic, which offers daily walk-in hours and a robust array of services within a single facility. However, we also increased our efforts to meet community members where they are through programs like our Reach for Recovery initiative.

Addressing the concurrent epidemics of substance use and mental illness requires collective effort. To that end, senior leaders and frontline staff worked with local and state stakeholders to explore the policies, processes, and structures that create barriers to treatment. We also invested in public education on the realities of substance use disorder and what people need to sustain recovery.

Every year thousands of New Jersey residents embark on a courageous journey to rebuild their lives inside of our programs. With the support of our Board of Trustees, community partners, advocates, and numerous stakeholders, we will continue to move forward in helping more community members lead healthy and happy lives.

Very sincerely,

Robert J. Budsock, MS
President and Chief Executive Officer

Deirdre R. Malloy
Chairperson, Board of Trustees





## In 2022, Integrity House:

#### **BOARD OF TRUSTEES**

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David G. Kostinas & Associates

**Reverend John Clinton Reynolds** 

Jennifer Velez

Horizon Blue Cross Blue Shield of New Jersey



Served **574** community members through our Certified Community Behavioral Health Clinic (CCBHC), including **158** individuals linked to Integrity House's residential programs and other social services.



Provided **248** life-saving
Narcan kits (designed to
reverse an opioid overdose) to
individuals across our Reach
for Recovery, Community
Substance Abuse Program,
and Ocean County STAR
(Support Team for Addiction
Recovery) programs.



Distributed **2,325**'Lifeline' bags to individuals through the Reach for Recovery prevention program we operate in partnership with the Essex County Division of Community

Health Services. Lifeline bags include numerous community resources, health and hygiene products, and clothing items (socks, t-shirts, etc.).



Provided **30,400** instances of case management services across all programs. Case management can include linking clients to additional services such as housing and specialty medical services, helping individuals access the social service benefits for which they are eligible, helping them address legal concerns, and more.



Provided **3,773** individuals with prevention and outreach services. Some of these interactions resulted in referrals to detox, residential and outpatient treatment, primary health checks, COVID-19 vaccinations, and more.



Connected **144** individuals to HIV education, testing, and counseling through our partnerships with Rutgers University, Iris House, and Newark Beth Israel Medical Center through the Reach for Recovery program.

## Advocacy in Action

## NJ Spotlight News

Op-Ed: NJ's opioid settlement money is chance to make serious changes

## The Star-Ledger

We're losing the battle against opioids. We must take the fight to the streets. | Opinion

In an op-ed for NJ Spotlight News, President and Chief Executive Officer Robert Budsock noted how state officials can efficiently use New Jersey's opioid settlement funds by drawing on input from treatment programs and investing in critical areas such as sober housing. He also urged treatment providers to "meet people where they are" in his opinion piece for the Star-Ledger, citing the disparities in treatment for Black, Indigenious, and People of Color (BIPOC) communities. He expressed the need to engage these populations through new initiatives, citing Integrity's Mobile Community Care program as an upcoming resource.\*

Chief Clinical Officer Eman Gibson, MBA, LCSW, LCADC, focused on advocating for clinical treatment standards. As a contributor to the 4<sup>th</sup> edition of the American Society of Addiction Medicine (ASAM) Criteria, she helped update the criteria to include residential treatment as part of the continuum of care. Such efforts help promote the depth of services needed for comprehensive treatment. Gibson also served on the Professional Advisory Committee (PAC), addressing COVID-19 and licensing-related issues with the New Jersey Department of Health (DOH). Gibson's efforts and support from other treatment providers enabled facilities to continue providing essential substance use and mental health services.

Responding to increased rates of mental illness due to the COVID-19 pandemic, Integrity House participated in the New Jersey Association of Mental Health and Addiction Agencies (NJAMHAA) 2023 advocacy campaign, *Diverse Faces: Partners in Care.* Director of Long-Term Residential Treatment Kayla Cheatum, LCSW, LCADC, emphasized the importance of allyship with individuals in treatment facilities, the need to provide a full continuum of care, and the need for investments to improve access to necessary behavioral health care.





Left to right: Eman Gibson, Robert Budsock, Sen. Teresa M Ruiz, Robin Shorter, Naima Briscoe.

To emphasize engagement of civic leaders in addressing challenges associated with the opioid epidemic and other substance-related issues, Integrity hosted NJ State Senator Teresa M. Ruiz to highlight our newly announced Mobile Community Care and Residential Treatment for Pregnant and Postpartum Women programs. Both address engaging and serving underserved groups – individuals experiencing homelessness and pregnant women with substance use disorders.

### **PARTNER TESTIMONIAL**

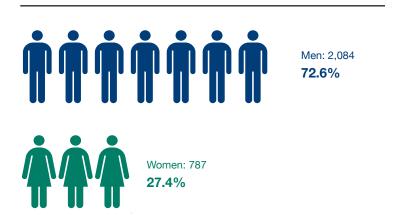
"Rutgers University Behavioral Health Care continued to strengthen its well-established partnership with Integrity House through the launch of the Newark-based Certified Community Behavioral Health Clinic (CCBHC) in 2020. Recognizing our similar dedication and mission of effective and compassionate care to the individuals and families of New Jersey, this endeavor was seamless and unified from the start. Integrity House's leadership and staff are friendly and kindhearted, which is reflected in their efforts to provide comprehensive Therapeutic Community addictions treatment, mental health treatment, and recovery support. Their direct care staff treats every individual and family with respect and dignity, helping to dismantle the stigma and health inequalities that continue to exist. Integrity House continues to provide the most recent evidence-based treatment while connecting with the community with open arms. Rutgers University Behavioral Health Care is excited to continue our partnership with Integrity House to support individuals and families in our communities effectively."

- Frank A. Ghinassi, PhD, ABPP

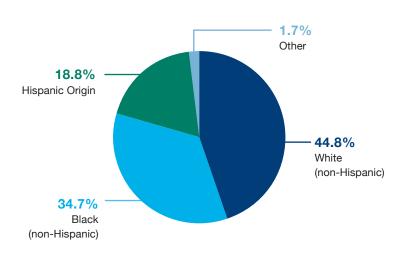
## Who We Serve: Client Data

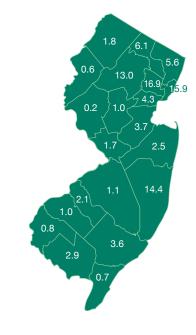
### **TOTAL ADMISSIONS** 2,872

### **GENDER**



### RACE/ETHNICITY

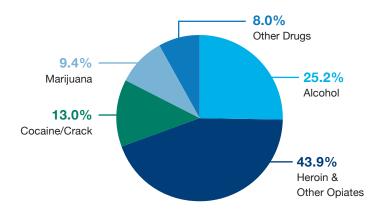




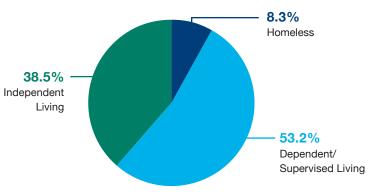
### **COUNTY OF RESIDENCE**

Atlantic: 102 (3.6%)	Middlesex: 105 (3.7%
Bergen: 162 (5.6%)	Monmouth: 71 (2.5%)
Burlington: 33 (1.1%)	Morris: 374 (13.0%)
Camden: 61 (2.1%)	Ocean: 414 (14.4%)
Cape May: 21 (0.7%)	Passaic: 176 (6.1%)
Cumberland: 82 (2.9%)	Salem: 23 (0.8%)
Essex: 484 (16.9%)	Somerset: 30 (1.0%)
Gloucester: 30 (1.0%)	Sussex: 51 (1.8%)
Hudson: 458 (15.9%)	Union: 123 (4.3%)
Hunterdon: 6 (0.2%)	Warren: 16 (0.6%)
Mercer: 48 (1.7%)	Other: 2 (0.1%)

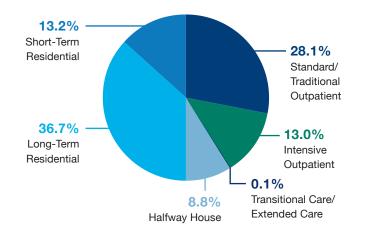
### PRIMARY SUBSTANCE OF USE



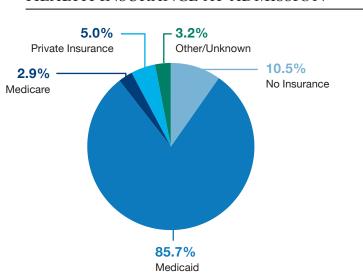
### LIVING ARRANGEMENTS AT ADMISSION



### LEVEL OF CARE



### HEALTH INSURANCE AT ADMISSION



Totals may be greater than 100% due to multiple responses

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## Who We Serve: Client Data

### STATE OUTCOME MEASURES



## Jennifer's Story\*

\*Edited for clarity

I came to Integrity House in January 2014 sick, suffering, homeless, and hopeless. I was physically, mentally, morally, and spiritually bankrupt - having nothing left to give to anything or anyone. Integrity House was my last stop on a long journey of detoxes, rehabs and intensive outpatient programs. I had no family, friends, or relations to whom I could talk about my treatment. I HAD to get it right since I had nothing else to lose!

I was excited to come to Integrity House. I didn't have anything forcing me into treatment, like how some people have a court order for treatment, but I entered the program for myself, by myself. But I was nervous about almost everything - being in yet another treatment facility, meeting all new women and counselors, and being sober. Luckily, I adjusted very well. Being part of something again felt great because it was my first home and family in years! I worked my way up in the house, taking on different roles and responsibilities since clients have specific duties within the program. Eventually, I even worked my way up to Chief of the House! I felt so honored and accomplished being a part of something.

Integrity House helped me become myself again. They taught me how to care for myself, positively confront my family and friends when returning to my "normal" life, and be and stay a loving daughter, sister, and mother. I couldn't have accomplished all that I did without the support of the Integrity House staff, who were instrumental in part of my recovery.

Since finishing treatment at Integrity House, I have all my family back and I'm living in a beautiful home. I'm a licensed driver. I'm married and have my three beautiful sons back in my life. I even worked for the Integrity House STAR Program in Toms River before COVID. I've stayed connected to Integrity House since leaving in 2014, now serving on the Integrity House Alumni Committee, planning annual events for alums to reconnect.

The practices I've learned at Integrity also helped me in other ways. In 2022, I was diagnosed with Stage 4 breast cancer. Living in active recovery has given me a solid foundation to navigate such a heavy time.

Integrity House saved my life, and I will forever and always be indebted to them all!



## Integrity, Inc. Financials

### **KEY FINANCIAL HIGHLIGHTS**

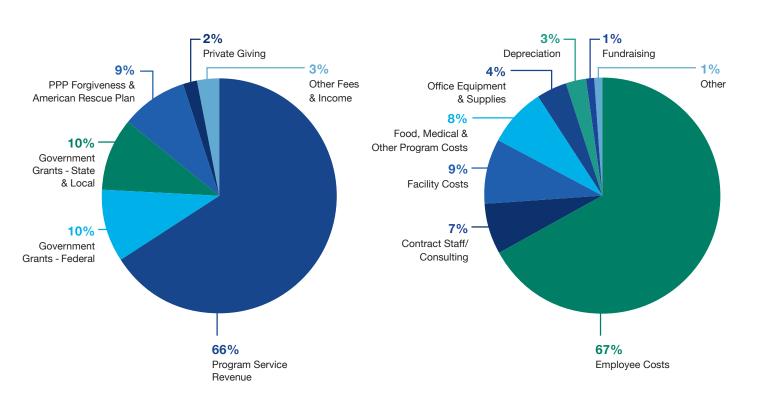
In Fiscal Year (FY) 2021-22, Integrity increased revenue by \$2,771,131. This includes \$2,370,114 of one-time loan forgiveness from the Payroll Protection Program.

Government grant funding increased primarily due to program expansion at the Hudson County Correction & Rehabilitation Center, the grant-funded Certified Community Behavioral Health Clinic and Reach for Recovery programs, and a new award supporting the Prevention program.

Employee costs increased by \$2,019,650 primarily to fill roles for service expansion funded by government grants.

### **PUBLIC SUPPORT & REVENUE**

### **EXPENSES**



## Government Partners

We are grateful to our government partners whose support allowed us to continue providing essential behavioral health treatment and other services across our residential, outpatient, supportive housing, and specialty programs.

City of Newark

County of Essex

County of Hudson

County of Morris

County of Ocean

New Jersey Family Care (Medicaid)

New Jersey Judiciary Administrative Office of the Courts

State of New Jersey Department of Children and Families, Division of Child Protection and Permanency

State of New Jersey Department of Human Services, Division of Mental Health and Addiction Services

State of New Jersey Juvenile Justice Commission

United States Department of Health and Human Services, Substance Use and Mental Health Services Administration

United States Probation Office/Pretrial Services Agency - District of New Jersey

WorkFirst New Jersey, Substance Abuse Initiative/Behavioral Health Initiative



## Foundation/Community Partners

Our foundation and corporate partners provided critical support to our clients amid the ever-growing need to address substance use disorders and mental illness. Here are the foundations and organizations that supported Integrity House this past year:

Adelphi Research Advantage Healthcare Inc. Alumni Healthcare Staffing **AppDynamics** Avenue Capital Group Bergen New Bridge Medical Center Bridgeway Behavioral Health Services Broadway House for Continuing Care Care Plus NJ/Care Plus Foundation CASA of Union County Cisco City Fire Equipment Co. The Community Foundation of NJ Core Solutions Corporate Synergies David G. Kostinas & Associates Futures Action Network Gail P. Stone Events, Inc. Gallagher Nonprofit Nielsen Financial Group Practice

Genova Burns

Church

Glen Ridge Congregational

Glick and Krischner Family Fund The Hampshire Companies Hartz Mountain Industries Hillman Consulting, LLC Horizon Blue Cross Blue Shield of New Jersey The Horizon Foundation for New Jersey J M Serr Management Corp Kula For Karma Laufer, Dalenda, Jensen, Bradley & Doran, LLC Liberty Dental Plan The Loyola Foundation, Inc. The Matthew 6:21 Foundation McCarter & English, LLC McManimon, Scotland & Bauman, LLC Meyner and Landis LLP Newark Beth Israel Medical Center The Newark School of the Arts

Meeker Sharkey & Hurley-

A Division of Risk

Strategies

New Jersey Performing Arts Center North Jersey Community Resource Initiative (NICRI) Pashman Stein Walder Hayden, P.C. Perselay Associates, Inc. **Princeton Hosted Solutions** Prudential Financial R&J Strategic Communications **PSEG** Riker Danzig **RTE** Enterprises Saint Barnabas Corporation/ RWIBarnabas Health The Sandyhill Foundation Sommer Consulting Torcon, Inc. Trimboli & Prusinowski, LLC The Unitarian Universalist Congregation at Montclair Visiting Angels Westfield Collision Center Inc. Westfield Financial Wellness

## Individual Donors

Nichole Berry

William Booth

Naima Briscoe

Ryanna Brown

Nickolas Carros

Stuart Chanin

Kayla Cheatum

Dwight Collins

Alex Conway

Alicia Cook

**Josephine Condit** 

Jan and John Connell

Charles Cathchart

**Ianet Burns** 

Joe Byrne

Catherine Brechka

Andrea Wallace Biggs

Trish and Robert Budsock

The Chanin Family Charitable Trust

Debbie and Matthew Chanin

### Thank you to all of the individuals who contributed in support of the individuals we serve.

Tom Coultas Yasmeen Abdelhady Ruben Abreu Sean Curry Eileen McCourt and Michael Adelman Senator Joseph Cryan Kathleen Dedrick Janine Akey Ronald Andrews Hans Dekker Vincent Antonacci Denise and Dennis Bone Fund Dr. Christine Baker and John DePalma Daniel DeTrolio Dr. Matthew Johnson Lori and Frank Balantic Sal Dicicco Lourival Baptista Dominick DiFalco Joe Bardo Anthony Dinova Nikita Barret Lois and Lee Dornfeld Herb Belisle

Harry Doyle Molly Duff Josh Elmore Mable Elmore

Maureen and Joseph Farrell

Robert Fasinski Matthew Fata Juliette Faughnan Jack Feeny William Fiore

Robert Fletcher Ann and Bernie Flynn Casey Futterman

Erica Gale Paul Garavente

Angela Garcia-Mallon

Sonia Gardner Ankur Garg Christina Gavin Amy Gilpin Joe Gilston

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Katie Kennedy

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Daniel McCarthy

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Robert and Corrine McGovern

Family Fund
John McKeown

The Daniel and Lynn McLaughlin

Charitable Fund Wendy McNeil Beth Mead

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Georges Mombrun
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Kathleen Moore Elizabeth Moran Tom Moran Irene Morris-Nann Lawrence Sannicandro

Alana Moses

Denise Muglia

Rob Schmidt

Tom Nasca

Regina Oates

Mary Elizabeth O'Connor and

Robert Sargent

Rob Schmidt

Alison Schwartz

Steven Schwarz

Rohun Sendhey

Marsha P. Anderson Joslyn and Steve Serfass

Carrie O'Driscoll Nancy Sergeant

Patricia O'Hanlon Romita Das and Aakash Shah

Maria Ortiz Robin Shorter Paige Paliukaitis Arenzo Smith David Palumbo Cory Storch Joe Perez Tara Rogers Kathy Perkins Darrell Terry Frank Pirpiglia Saranya Thana **Pauline Thomas** Geoffrey S. Perselay Paul Pickard Katie Tracy Alvaro Pineda Steve Trimboli Elizabeth Pitts Ianice Varela Steven Plofker Alberto Vargas Michael Pontoriero Bill Vazquez

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James Prusinowski Gabrielle Villanueva

Dana Quijano Gary Vitale
Monika Ratzka John Vivenzio
Lew Rauter Donald Wallace
Mike Reilly Jeff Wallace

Paul Resch Marybeth and Joe Walsh Denise Rodgers Eman Warraich-Gibson

Mary Rone William Weaver
Tracie and Peter Rosky Evan Weiss
Richard Rosso Margaret Wells
Jonathan Ruff Elizabeth White
Bob Ruina Margaret Whiting
Carl Ruppel Ann Penny Woods
Diane Ryan Katie and Mark Yeager

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## Our Community









## List of Services

Every year, Integrity House helps over 3,000 New Jerseyans overcome substance use disorder, address mental illness, and rebuild their lives. Contact our Admissions Department to learn more about individualized treatment in our residential and outpatient programs and learn more about our specialized supportive housing programs for those sustaining long-term recovery.

### Inpatient/Residential Treatment Centers

### Newark

Men's Residential 105 Lincoln Park Newark, NJ 07102

### Men's Residential

99 Lincoln Park Newark, NJ 07102

#### Men's Residential 49 Lincoln Park

49 Lincoln Park Newark, NJ 07102

#### Men's Residential

97 Lincoln Park Newark, NJ 07102

#### Women's Residential

43 Lincoln Park Newark, NJ 07102

#### Women's Residential

37 Lincoln Park Newark, NJ 07102

### Secaucus

### Inpatient

595 County Avenue Building 7, 2nd Floor Secaucus, NJ 07094

#### Men's and Women's Residential

595 County Avenue, Building 6 Secaucus, NJ 07094

### Residential

595 County Avenue Secaucus, NJ 07094

#### **Outpatient Treatment Centers**

#### Morris Plains

### The Willow Tree Center at Integrity House

415 Speedwell Avenue Morris Plains, NJ 07950

#### Newark

### The Academy

Outpatient & Intensive Outpatient Services 1091-1093 Broad Street Newark, NJ 07102

### Certified Community Behavioral Health Clinic

Outpatient Mental Health Services 1091-1093 Broad Street

### Men's Outpatient & Intensive

### Outpatient Services

Newark, NJ 07102

26-28 Longworth Street Newark, NJ 07102

#### WISE (Women In Strength Empowered) Program

Outpatient & Intensive Outpatient Services 659 Dr. Martin Luther King Jr. Boulevard Newark, NJ 07102

#### Secaucus

### **Hudson County Outpatient Services** 595 County Avenue, Building 7

Secaucus, NJ 07094

### Toms River

Toms River Outpatient Services 310 Main Street, Suite #6 Toms River, NJ 08753

### **Recovery and Prevention Programs**

### Morris Plains

### Morris Plains Support Team for Addiction Recovery (STAR)

415 Speedwell Avenue

### Morris Plains, NJ 07950

Newark

### Women's Wellness Center

667 Dr. Martin Luther King Jr. Boulevard Newark, NJ 07102

#### Toms River

### Toms River Support Team for Addiction Recovery (STAR)

310 Main Street, Suite #6 Toms River, NJ 08753

#### **Housing Programs**

#### Newark

### **Men's Supportive Housing** 5-7 Lincoln Park

Newark, NJ 07102

#### Women's Supportive Housing

667 Dr. Martin Luther King Jr. Boulevard Newark, NJ 07102

ADMISSIONS 1091 Broad Street Newark, NJ 07102 973-623-0600





# INTEGRITY HOUSE HEADQUARTERS

103 LINCOLN PARK NEWARK, NJ 07102

**KEARNY** 

MORRIS PLAINS

NEWARK

**PARAMUS** 

SECAUCUS

TOMS RIVER

(973) 623-0600 integrityhouse.org