



SUPPORT TEAM FOR ADDICTION RECOVERY OCEAN COUNTY

CONTACT

Gary Sheridan
Program Administrator
973.474.3522

Rich Sisler, LAC
Case Manager

Melanie Ferrara, BA
Case Manager

Stacey Forte, CPRS
Certified Peer Recovery Specialist

**FOR EMERGENCY MEDICAL
ASSISTANCE, DIAL 911**

ADDRESS

Integrity House
Toms River Outpatient Program
310 Main Street



MULTIDIMENSIONAL RECOVERY SUPPORT

STAR CASE MANAGERS

STAR case managers support recovery planning by linking you to community resources and helping you identify factors that will impact your wellness.

STAR case managers are ready to:

- help you schedule medical, dental and mental health appointments.
- assist with your employment and education goals.
- facilitate family sessions that encourage reunification.
- refer you to and help you secure stable and sober housing.
- help you find treatment services.

*Services offered to currently incarcerated populations

STAR PEER RECOVERY SPECIALISTS

STAR peer recovery specialists assist during crisis situations and model strategies on how to successfully manage addiction.

STAR peer recovery specialists will:

- recommend and accompany you to social activities that encourage you to connect with others.
- accompany you to 12-step and other recovery meetings.
- facilitate recovery support groups on Tuesdays (5:30 to 6:30 pm).
- help you identify personal recovery goals.
- provide daily support on the phone, through text or in person.
- support during incarceration and accompaniment at court appearances.

STAR PROGRAM PARTICIPANTS

As a STAR program participant, it is suggested that you be in contact with a STAR team member, at least once a week, in-person or on the phone. We also urge you to be respectful and maintain confidentiality while engaging with others.