



Erin Zerbo, MD

Short:

Erin Zerbo, MD is an Assistant Professor in the Department of Psychiatry at Rutgers New Jersey Medical School and the Associate Director of Medical Student Education in Psychiatry. In addition to managing a large buprenorphine practice dedicated to underserved Newark residents, she is also the director of the state-designated Northern New Jersey Center of Excellence in Medication-Assisted Treatment, a new statewide training and education initiative. Her primary interest is the treatment of substance use disorders in populations with significant deficits in their social determinants of health. She is a co-editor of the recent book "Pocket Guide to Addiction Assessment and Treatment" (APA, 2016), and the lead editor of "Becoming Mindful: Integrating Mindfulness into Your Psychiatric Practice" (APA, 2017).

Long:

Erin Zerbo, MD, received her B.S. in Brain and Cognitive Sciences from the Massachusetts Institute of Technology in 2003, and her M.D. from New York University School of Medicine in 2007. She remained at NYU for a general psychiatry residency and a one-year addiction psychiatry fellowship, graduating in 2012. She is boarded in general psychiatry, addiction psychiatry, and addiction medicine. Since 2014, she has been an Assistant Professor in the Department of Psychiatry at Rutgers New Jersey Medical School and the Associate Director of Medical Student Education in Psychiatry. In addition to managing a large buprenorphine practice dedicated to underserved Newark residents, she is also the director of the state-designated Northern New Jersey Center of Excellence in Medication-Assisted Treatment, a new statewide training and education initiative.

Dr. Zerbo serves as the Chair of the Council on Education at the New Jersey Psychiatric Association and she has published and lectured extensively in the field of addiction. Her primary interest is the treatment of substance use disorders in populations with significant deficits in their social determinants of health. She is a co-editor of the recent book "Pocket Guide to Addiction Assessment and Treatment" (APA, 2106), and the lead editor of "Becoming Mindful: Integrating Mindfulness into Your Psychiatric Practice" (APA, 2017).